

May 2011 Newsletter

Happy Mother's Day!

VitaliaMed® Spa Specials

Treat yourself to something sweet! Try our Money Almond Scrub and receive 20% off!

Make it all about you for a day and choose between any of our facials for 20% off!

Get BOTOX for your crow's feet and receive 25% off Obagi Elastiderm Eye Cream or Gel.



Click [HERE](#) to see Dr. Judge's profile in *NewBeauty* Magazine!!

Tips to Make Mom Feel Special

- ✦ Write her a letter. It is still charming to write a handwritten note. If budget permits, buy special stationary or note cards from a local office supply, book, or retail store.
- ✦ Burn her a CD or a new playlist. Add some of her favorite songs from her youth.
- ✦ Create a fruit bouquet. Moms are eating healthier and staying in shape. Instead of flowers, send an edible bouquet of fruit to her work or home.
- ✦ Cook your Mom's favorite dish and even go the extra mile of cleaning up the entire kitchen when you are finished. She will love the break.
- ✦ Make her a scrapbook of all her favorite pictures of the family.

Top 10 Gifts for Mother's Day

1. Personalized Birthstone Jewellery.
2. Create a Family Tree.
3. Spa Retreat Gift Basket.
4. A Purse.
5. Flowers or Candy.
6. Gift cards
7. A Shopping Spree.
8. A Full Day to Herself.
9. Get the family together for dinner and/or an activity.
10. Clean the house for her.